



Health and hygiene Policy

In the event, a child is already unwell or becomes unwell whilst in the care of Tiddlers Nursery, the Nursery will put into practice procedures as outlined below.

Illness Occurring Whilst Attending the Nursery:

- If children appear unwell during the day – have a temperature, sickness, diarrhoea or pains, particularly in the head or stomach – the manager calls the parents and asks them to collect the child or send a known carer to collect on their behalf. In extreme cases of emergency, the child should be taken to the nearest hospital and the parent informed.
- Parents are asked to take their child to the doctor before returning them to the nursery; the nursery can refuse admittance to children who have a temperature, sickness, and diarrhoea or a contagious infection or disease.
- Where children have been prescribed antibiotics, parents are asked to keep them at home for 48 hours before returning to the setting.

Illness Prior to Attending Nursery:

Parents are asked to keep their children at home if they have any infection and to inform the Manager and staff as to the nature of the infection so that they can alert other parents and make careful observations of any child who seems unwell.

Parents are asked not to bring to the Nursery any child who has been vomiting or had diarrhoea until at least 48 hours has passed since the last attack. Cuts or open sores, whether on adults or children, will be covered with sticking plaster or other dressing. For plasters, staff will check parent's preferences before application.

The staff will only administer prescribed medicines e.g. antibiotics and inhalers with the written instructions from parents. All medications will be kept in a lockable cupboard or where appropriate the fridge (the office). Please see the administration of medication policy for further information.

Quarantine:

Parents must always ensure that a child is fit to attend Nursery sessions.

A child that has suffered from vomiting and or diarrhoea must not attend the Nursery for a least 48 hours post the last bout of either.

If a child or adult is diagnosed suffering from a notifiable disease under the Public Health (Infectious Diseases) Regulations 1988, the GP will report this to the Health Protection Agency. When the setting becomes aware or is formally informed of the notifiable disease, the manager informs Ofsted and acts on any advice given by the Health Protection Agency.

First Aid:

The Nursery will ensure that the first aid equipment is kept clean, replenished and replaced as necessary. Sterile items will be kept sealed in their packages until needed.

As part of the registration process, parent's consent to their child/children being administered first aid, should a situation occur where they require it. Should first aid be required it will be administered by the nursery manager or a member of staff, who will be a qualified first aider.

A qualified paediatric first aider will be on site at all times.

Health and Hygiene:

Our Nursery promotes a high standard of health and hygiene in its day-to-day work with children and adults. This is achieved in the following ways:

Health

Parents will have the opportunity to discuss health issues with nursery staff. The Nursery will maintain links and gather health information and advice from the local health authority services and/or other health agencies.

Hygiene

To prevent the spread of infection, staff will ensure that the good practices outlined in the following sections are observed;

Personal Hygiene

- Hands washed after using the toilet.
- Hands washed before preparing food or eating.

- A large box of tissues will be available and children are encouraged to blow and wipe their noses when necessary. Soiled tissues disposed of hygienically.
- Children encouraged to shield their mouths when coughing.
- Hygiene rules related to bodily fluids followed with particular care and all staff and volunteers aware of how infections, including HIV infection, can be transmitted.

Cleaning and clearing

- Any spills of blood, vomit or excrement wiped up and flushed away down the toilet. Disposable gloves always used when cleaning up spills of body fluids. Floors and other affected surfaces disinfected using a disinfectant according to the manufacturer's instructions.
- Spare laundered pants, and other clothing, available in case of accidents and nappy sacks available in which to wrap soiled garments.
- All surfaces cleaned daily with an appropriate cleaner.

Date:

Signed on behalf of the nursery:

The date for review: